

## COUNTY OF SAN DIEGO

## **NEWS RELEASE**

## FOR IMMEDIATE PUBLICATION

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## RECOVERY FROM ADDICTION IS THEME OF NATIONAL CELEBRATION

County, Local Programs Recognize National Alcohol and Drug Addiction Recovery Month

The San Diego County Health and Human Services Agency (HHSA) Alcohol and Drug Services is among local programs celebrating September as National Alcohol and Drug Addiction Recovery Month.

Local alcohol and drug service providers are planning picnics, dances and other activities for clients and families to celebrate their triumph over the devastating effects of addiction. A Recovery Happens resource fair, open to the public, will take place from 10 a.m. – 2 p.m. Friday, Sept. 9 at the Balboa Park Organ Pavilion, featuring more than 50 treatment and health service providers with booths and free information.

"We encourage people who are looking for services for themselves, a friend or family member to attend the Recovery Happens fair," said Dianne Jacob, Second District County Supervisor. "Untreated addiction takes a huge toll on individuals, their families, employers and the community. This fair offers an opportunity to take that first crucial step toward recovery."

"There were more than 16,000 admissions of adults and teens into publicly supported treatment programs in the last fiscal year," said Connie Moreno-Peraza, Deputy Director, County Alcohol and Drug Services. "It's not easy, but addiction can be overcome. We must recognize and celebrate the success of those who have turned their lives around."

For information on local treatment services or Recovery Month activities, please call County Alcohol and Drug Services at (619) 584-5007. For information on the Recovery Happens resource fair please call Ren Daversa (858) 576-6919 or cell (619) 252-9970.

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